

JULY



4-H Fashion Review



Contact Us:

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502-863-0984

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SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Scott County 4-H Times

JULY

All Meetings at The Scott County Cooperative Extension Office
unless listed otherwise.

4-H Poultry Club

July 8th
6:00pm



4-H Livestock Club



No Meeting
This Month

4-H Art Club

No Meeting
This Month



4-H Cloverbuds

Meetings will resume
in September



Shooting Sports



Practice is ongoing

4-H Teen Club

Meetings will start
in September



4-H Fishing Club

July 25th
5:30pm



Location: TBA

4-H Rabbit Club

No Meeting This Month



4-H Horticulture Club

No Meeting This Month



4-H Council Meeting:

July 1st at 4:30 p.m.

Scott County
Extension Office



Weather Policy

If Scott County Schools are closed due to a weather emergency, all 4-H activities at the Scott County Extension Office are cancelled.

CAMP CORNER



Camp Sew Fun!



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Camp Sew Fun



Recipe of the Month



Cucumber, Corn, and Bean Salsa

<p>2-3 large cucumbers</p> <p>2 tomatoes</p> <p>1 yellow bell pepper</p> <p>1 small red onion</p> <p>¼ cup chopped fresh cilantro</p> <p>½ cup black beans</p>	<p>½ cup fresh whole kernel corn, cooked</p> <p>1 ounce package dry ranch dressing mix</p> <p>¼ cup cider vinegar</p> <p>2 tablespoons sugar, optional</p>
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Wash all vegetables. Finely **chop** cucumbers, tomatoes, pepper, and onion. **Combine** in a large mixing bowl with chopped cilantro. **Drain** and rinse beans and add to chopped vegetables. **Add** corn. If using canned corn instead of fresh, **drain off** liquid prior to adding to vegetables.

In a small bowl, mix together ranch dressing packet, vinegar, and sugar. **Pour** dressing over vegetables and mix well. **Serve** immediately or refrigerate until chilled.

Yield: Makes 20, ½ cup servings.

Nutrition Analysis: 50 calories, 0 g fat, 130 mg sodium, 7 g carbohydrates, 2 g fiber, 70% Daily Value of vitamin C and 6% Daily Value of vitamin A

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.



Madison Adkins



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Scott County 4-H Agent

CLUB CORNER



Project Days!



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