

# Scott County 4-H Times

JANUARY



Happy  
New Year!

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Visit the CES Program and Staff Development website for additional guidance. Questions may be directed to Stacy Miller at Stacy.miller@uky.edu or (859) 257-1727.



Contact Us:

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502-863-0984

Fax  
502-863-2392

Website  
[Scott.ca.uky.edu](http://Scott.ca.uky.edu)



Facebook  
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SCOTT COUNTY COOPERATIVE EXTENSION OFFICE  
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



# Scott County 4-H Times

JANUARY

All Meetings at The Scott County Cooperative Extension Office  
unless listed otherwise.

## 4-H Poultry Club

January 8th  
6:00pm



## 4-H Livestock Club

January 10th  
4:30 pm



## 4-H Art Club

January 16th  
6:00pm



## 4-H Cloverbuds



January 16th  
6:00pm

To sign-up, please email  
crystal.beitler@uky.edu

## 4-H Teen Club

No meeting this month.



## Shooting Sports



February 12th  
6:00pm

## 4-H Rabbit Club

January 15th  
6:00pm



\*Please Bring ARBA membership cards if  
you have them.

## 4-H Horticulture Club

January 10th  
6:00pm



## 4-H Fishing Club



TBA



## Weather Policy

If Scott County Schools are closed due to a weather  
emergency, all 4-H activities Scott County Extension Office  
meetings are canceled.

## CAMP CORNER



Archery!



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## JANUARY

### 4-H Needs Volunteers!

4-H Council Meeting:

January 8th @ 4:30 p.m. Scott County Ext. Office

If you are looking to get involved in 4-H as a volunteer please reach out for more information on getting started.

**Do you enjoy working with youth and have skills that you could teach? We are looking for 4-H Club Volunteers with a passion for:**

**Horse**  
**Woodworking**  
**Adventure**

**Crochet**  
**Dog**  
**Shooting Sports**

**4-H Camp**  
**Cooking**  
**Robotics**

Leading a club entails a monthly club meeting held at the Scott County Extension office for youth ages 5-18 (may vary by specific club.) Meeting times also may vary, but must total 6 educational hours over the course of the program year. If you don't want to commit to a year-long club, we also need leaders for a workshop series or project day.

**Contact us if interested! 502-863-0984**

### Recipe of the Month



#### One-pot Pasta with Fresh Tomato Sauce

|   |  |   |
|---|--|---|
| <b>12 ounces</b> tri-colored pasta                            | <b>1 teaspoon</b> dried oregano                            | <b>6 ounces</b> baby spinach with stems removed |
| <b>8 medium</b> tomatoes, diced**                             | <b>1 tablespoon</b> fresh basil, chopped or to top         | Parmesan cheese                                 |
| <b>2 cups</b> low-sodium chicken broth                        | <b>1 teaspoon</b> dried fresh basil for garnish (optional) |   |
| <b>1 small</b> yellow onion, sliced                           | <b>1 teaspoon</b> salt                                     |   |
| <b>4 garlic</b> cloves, minced or 2 tablespoons garlic powder |  |   |

**Place all** of the ingredients except the spinach, parmesan, and additional fresh basil in a large pot. **Cover** pot with lid and **bring to boil** over medium-high heat. **Reduce** heat to medium-low and let **simmer** for 6 minutes or until pasta is slightly al dente, **stir** occasionally. **Remove** from heat. **Stir** in spinach; **cover** and let stand 5 minutes. **Top** with parmesan cheese and basil just before serving.

\*\*Substitute 2, 14-ounce cans low-sodium diced tomatoes when tomatoes are out of season.

**Yield:** 6, 1 1/2 cup servings

**Nutritional Analysis:**  
260 calories, 2g fat, 0g saturated fat, 0g trans fat, 0mg cholesterol, 460mg sodium, 51g carbohydrate, 3g fiber, 8g total sugars, 0g added sugars, 12g protein

### CLUB CORNER



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Disabilities accommodated with prior notification.



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## 4-H Awards for Last Program Year



A big THANK YOU to our 4-H Volunteers!



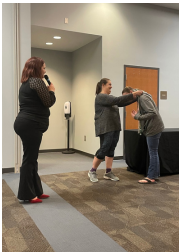
State & District 4-H Leaders



Thank you for your community service!



Congratulations to our two 4-H Seniors, Lena Day and Colby Lay!



### VOLUNTEER CORNER



Thank You!



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# 4-H YOUTH SEWING WORKSHOPS

Come to our orientation to learn more and  
meet instructors at the Scott County  
Extension Office:

**Level 1**  
January 17th @ 4:00 PM

Please note that level 1 is for  
youth ages 9-13 who have  
limited or no experience with  
sewing.



**PLEASE CALL THE SCOTT COUNTY EXTENSION  
OFFICE TO REGISTER AT 502-863-0984**

## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Disabilities  
accommodated  
with prior notification.