

Scott County 4-H Times

JANUARY



We Need You!

The 4-H Council is an advisory group made of community leaders, program volunteers, and 4-H Agents. The purpose is to bring attention to the needs of the youth in our community and develop programs accordingly. Volunteers will help by guiding the programming efforts through their knowledge of the county and assisting agents with fundraising efforts.

The 4-H Council is vitally important to the success of the Scott County 4-H program!

4-H Council Meeting:
January 30th
4:30 pm
Scott County Extension Office



If you are looking to get involved in 4-H as a volunteer please reach out to the 4-H Agents for more information on getting started.

In This Issue:

4-H Council, Club Dates, Recipe of the Month, MLK Day, Cancellation Policy, Save The Dates for camp, Capital Experience, Leadership Bootcamp, & Communications



Contact Us:

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502-863-0984

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502-863-2392

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Scott.ca.uky.edu



Facebook:
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SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 EYINGTON, KY 40546



Disabilities
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with prior notification




Scott County 4-H Times


JANUARY

All Meetings at The Scott County Cooperative Extension Office
unless listed otherwise.


4-H Poultry Club

January 9th
6:00pm 


4-H Livestock Club

 January 5th
4:00pm

Neigh Team

January 2nd 
6:30pm meeting
5:30pm Horse Bowl Practice


4-H Cloverbuds

 January 3rd
6:00pm
To sign-up, please email
sarah.redmon@uky.edu


4-H Teen Club

January 9th 
4:30pm
(For High School Students)


4-H Adventure

 January 19th
6:00pm


4-H Rabbit Club

January 9th 
6:00pm


Shooting Sports

 January 10th
6:00pm
(NO Firearms /Bows!)


4-H Cooking Club

January 23rd 
6:00 pm- 8:00 pm
Ages 9 and above

4-H Dog Club

 January 12th
6:00 p.m.

4-H Photography Club

January 18th 
5:30pm

Middle School Leadership

Middle School Leadership at the Extension Office
January 23th, 6:00pm

After school meetings are held at each school.

RSMS - January 9th GMS - January 17th SCMS - January 18th

CAMP CORNER



Sally Down the Alley



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Martin Luther King Jr. Day

In recognition Of Martin Luther King Day, the Scott County Cooperative Extension office will be closed on January, 16th.



Recipe of the Month



Broccoli Chowder

2 tablespoons canola oil	3 cups broccoli florets	all-purpose flour
½ cup chopped onion	½ teaspoon dried Italian seasoning	3½ cups low sodium chicken broth
3 cloves garlic, finely minced	½ teaspoon salt	½ cup half-and-half
½ cup chopped carrots	¼ teaspoon pepper	½ cup low-fat, shredded cheese
2 cups diced, unpeeled red potatoes	3 tablespoons	

In a large heavy pot, **heat** the oil over medium heat. **Add** the onion and garlic and **sauté** 2-3 minutes. **Add** the carrots, red potatoes and broccoli one at a time; **sauté** each about 2 minutes. **Add** the Italian seasoning, salt, pepper and flour and **toss** until vegetables are coated. **Cook** 1-2 minutes. **Add** the chicken broth and bring to a boil. **Reduce** heat to low, **cover** pot and **simmer** for 15

minutes. **Remove** lid and **stir** in the half-and-half. Bring back to a **simmer** and **remove** from heat. **Ladle** into bowls and top with cheese to serve.

Yield: 8,1cup servings

Nutritional Analysis: 180 calories; 8g total fat; 2.5 g saturated fat; 15 mg cholesterol; 340 mg sodium; 18 g total carbohydrate; 3 g dietary fiber; 4 g sugar; 8 g protein.



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

CLUB CORNER



Dog Club!



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Scott County 4-H Times

JANUARY

Save The Date



University of Kentucky
 College of Agriculture, Food and Environment
 KENTUCKY STATE UNIVERSITY
 College of Agriculture, Community, and the Sciences

SAVE THE DATE

03.14.2023

**Kentucky 4-H
Capitol Experience**

Sponsored by:

 **KENTUCKY**
4-H FOUNDATION

 Kentucky Association of Extension 4-H Agents

More info available January 2023



 **CLOVERBUD Camp**

KENTUCKY 4-H PRESENTS

SUMMER CAMP 2023

TIME WARP

June 2-4, 2023

North Central 4-H Camp
Carlisle, KY



University of Kentucky
 College of Agriculture, Food and Environment
 Cooperative Extension Service

4-H SUMMIT
MIDDLE SCHOOL LEADERSHIP CONFERENCE



MARCH 16-18



University of Kentucky
 College of Agriculture, Food and Environment
 Cooperative Extension Service

2023 KENTUCKY 4-H LEADERSHIP BOOT CAMP



FEBRUARY 2 & 3, 2023
LAKE CUMBERLAND 4-H CAMP

VOLUNTEER CORNER



Thank You!



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John Patrick Allen

Patrick Allen

Scott County Extension Agents
for 4-H Youth Development
Visit us @ scott.ca.uky.edu

Sarah Redmon

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SATURDAY, MARCH 11TH



SCOTT COUNTY 4-H

COMMUNICATIONS CONTEST



WHEN:
SATURDAY, MARCH 11TH

CATEGORIES:
SPEECH
DEMONSTRATION
MOCK JOB INTERVIEW

WHERE:
SCOTT COUNTY
COOPERATIVE
EXTENSION OFFICE

TIME: 9:00 – 3:00

Order of events will be determined based on number of youth registered.

REGISTRATION:

The registration form will be shared in a later Newsletter as well and posted on the website.

VOLUNTEERS NEEDED:


If you would like to volunteer as a judge, please contact Patrick Allen. There are rubrics and score sheets for all categories.

ALL GUIDELINES AND CATEGORIES CAN BE FOUND ON THE SCOTT COUNTY EXTENSION WEBSITE. IF YOU HAVE QUESTIONS PLEASE CONTACT PATRICK ALLEN.

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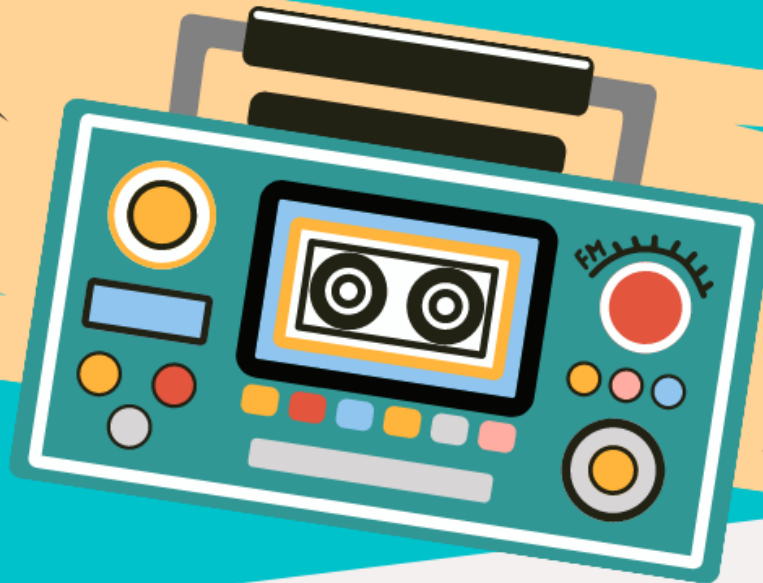
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SCOTT COUNTY

4-H CAMP

S U M M E R C A M P



NORTH CENTRAL 4-H CAMP

JULY 17-21, 2023

CAMP THEME: TIME WARP



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