

Scott County 4-H Times

MARCH



New This Month:

4-H Fishing Club

4-H Fishing Club will have its first meeting on March 23rd. This meeting will be informational and to find out how much interest there is in a fishing club. There is no need to RSVP ahead of time. Just show up. More information about this club can be found on page four.

4-H Art Project

The 4-H Art Project will meet on the third Wednesday of the month until June. We will try a variety of artistic mediums and will have some projects eligible for the Scott County Fair. To sign up, you can call the Scott County Extension Office at 502-863-0984 or email Crystal Beitler at crystal.beitler@uky.edu.



Contact Us:

Phone
502-863-0984

Fax
502-863-2392

Website
Scott.ca.uky.edu



Facebook:
<https://www.facebook.com/scott4h>



Patrick Allen
patrick.allen@uky.edu

Sarah Redmon
sarah.redmon@uky.edu



In This Issue:

New This Month, Club Dates, 4-H Council, Recipe of the Month,
Camp Announcement, Save The Date, Highlights

SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 EYINGTON, KY 40546



Disabilities
accommodated
with prior notification



Scott County 4-H Times

MARCH

All Meetings at The Scott County Cooperative Extension Office
unless listed otherwise.

4-H Poultry Club

March 13th
6:00pm



Neigh Team

March 6th

6:30pm meeting

5:30pm Horse Bowl Practice



4-H Art Project

March 15th

5:30-7:00pm



4-H Teen Club

March 13th

4:30pm



(For High School Students)

4-H Rabbit Club

March 20th

6:00pm

Wear old cloths for painting



4-H Cooking Club

March 27th

6:00 pm- 8:00 pm

Ages 9 and above



4-H Photography Club

March 15th

5:30pm



4-H Livestock Club

March 2 @ 4:00 pm,

@ UK Sheep Unit

1171 Midway Road

Versailles, KY 40383



4-H Cloverbuds

March 7th

6:00pm



To sign-up, please email
sarah.redmon@uky.edu

4-H Adventure

March 9th

6:00pm



Shooting Sports

March 14th

6:00pm



This will be for roster signup and
saftey meeting for practice

4-H Dog Club

March

6:00 p.m.



4-H Fishing Club

March 23rd

5:30 p.m.



More information on page 4

Middle School Leadership

Middle School Leadership at the Extension Office

March 20th , 5:00pm



After school meetings are held at each school.

RSMS - March 13th GMS - March 21st SCMS - March 15th

CAMP CORNER



Hanging Out!



Contact Us:

Phone
502-863-0984

Fax
502-863-2392

Website
Scott.ca.uky.edu



Facebook:
<https://www.facebook.com/scott4h>



Patrick Allen
patrick.allen@uky.edu

Sarah Redmon
sarah.redmon@uky.edu



SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 FAYINGTON KY 40546



Disabilities
accommodated
with prior notification

MARCH

4-H Council Meeting

4-H Council Meeting:

March 6th 4:30 pm

Scott County Extension Office

If you are looking to get involved in 4-H as a volunteer please reach out to the 4-H Agents for more information on getting started.

The 4-H Council is an advisory group made of community leaders, program volunteers, and 4-H Agents. The purpose is to bring attention to the needs of the youth in our community and develop programs accordingly. Volunteers will help by guiding the programming efforts through their knowledge of the county and assisting agents with fundraising efforts.

The 4-H Council is vitally important to the success of the Scott County 4-H program!

Recipe of the Month



Chicken and Brussels Sprouts One Pan Meal

2 skinless, boneless chicken breasts (about 1 pound) 1 tablespoon olive oil Salt and pepper to taste	12-14 Brussels sprouts, trimmed and quartered 1 cup sliced fresh mushrooms 1 red bell pepper, diced, about 1 cup	1 medium yellow onion, diced, about 1 cup 2 cloves garlic, minced ½ cup half-and-half ¼ teaspoon nutmeg ¾ cup Parmesan cheese
---	--	---

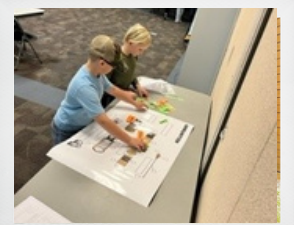
Preheat oven to 425 degrees F. **Cut** chicken into bite-sized pieces. **Heat** oil in a heavy, oven-safe skillet or pan over medium heat. **Add** chicken and sauté 3-4 minutes. Lightly **season** with salt and pepper. **Add** vegetables and **stir** gently to combine. **Cook** 3-5 minutes until vegetables are tender. **Remove** from heat. If skillet or pan is not oven-safe, transfer mixture to a baking dish. In a small bowl, **combine** half-and-half, nutmeg and salt and

pepper to taste. **Pour** mixture over chicken and vegetables. **Sprinkle** with Parmesan cheese. **Bake** 25-30 minutes until lightly golden on top. **Serve** hot.

Yield: 6, 1 cup servings

Nutritional Analysis:
 220 calories, 9 g fat, 3.5 g saturated fat, 0 g trans fat, 70 mg cholesterol, 340 mg sodium, 11 g carbohydrate, 3 g fiber, 4 g sugars, 23 g protein.

CLUB CORNER



Shooting Sports!



Contact Us:

Phone
502-863-0984

Fax
502-863-2392

Website
Scott.ca.uky.edu



Facebook:
<https://www.facebook.com/scott4h>



Patrick Allen
patrick.allen@uky.edu

Sarah Redmon
sarah.redmon@uky.edu



SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service
 Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 | FAYINGTON, KY 40546



Disabilities
accommodated
with prior notification

Scott County 4-H Times

MARCH

Camp Announcement

4-H Summer Camp is full but we are still accepting applications for the waiting list. Cloverbud Camp (5-8 years) still has spots available.

Save The Date



Scott County 4-H

Fishing Club

- THIS NEW CLUB WILL INCLUDE
- FISHING BASICS
- STREAM HEALTH
- LEARNING TYPES OF FISH IN KY
- HANDS ON FISHING EXCURSIONS
- TOURS TO FISHING RELATED DESTINATIONS
- SERVICE PROJECTS RELATED TO FISHING



Interest meeting

March 23rd
 Scott County
 Extension office
 5:30pm



Cooperative Extension Service
 Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
 LEONINGTON, KY 40546



Patrick Allen

Patrick Allen

Scott County Extension Agents
 for 4-H Youth Development
 Visit us @ scott.ca.uky.edu

Sarah Redmon

Sarah Redmon

VOLUNTEER CORNER



Thank You!



Contact Us:

Phone
 502-863-0984

Fax
 502-863-2392

Website
scott.ca.uky.edu



Facebook:
<https://www.facebook.com/scott4h>



Patrick Allen
patrick.allen@uky.edu

Sarah Redmon
sarah.redmon@uky.edu

SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
 1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service
 Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEONINGTON, KY 40546



Disabilities
 accommodated
 with prior notification



Scott County 4-H Times

MARCH

Highlights

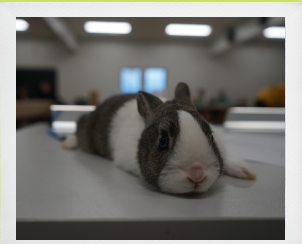
Congratulations to our 4-H Livestock Skillathon teams on competing at the 4-H Livestock State Skillathon Contest in Bowling Green, Kentucky, February 18. Our Junior Team A placed 2nd Overall- Lillian Hisel, Sophia Smith, and Micah Sparrow, Junior Team B placed 6th- Adriana Cardwell, Charlie Hisel, and Adalynn Stefanic, and our Senior Team placed 1st Overall- Jordan McIntosh, Creighton Smith, and Kylie Sparrow.



Last day of sewing for Unit 2 & 3!



Area C1-C4 Delegates at 4-H Teen Retreat at Lake Cumberland 4-H



Rabbit Club!



Contact Us:

Phone
502-863-0984

Fax
502-863-2392

Website
Scott.ca.uky.edu



Facebook:
<https://www.facebook.com/scott4h>



Patrick Allen
patrick.allen@uky.edu

Sarah Redmon
sarah.redmon@uky.edu

Patrick Allen

Scott County Extension Agents
for 4-H Youth Development
Visit us @ scott.ca.uky.edu

Sarah Redmon

SCOTT COUNTY COOPERATIVE EXTENSION OFFICE
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 EYINGTON, KY 40546



Disabilities
accommodated
with prior notification

